

N. D. Munteanu

**MANUALUL MEU
DE VIOARĂ**

GRAFOART

CUNOASTEREA INSTRUMENTULUI

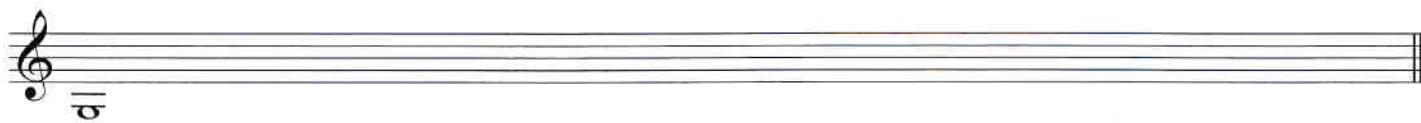
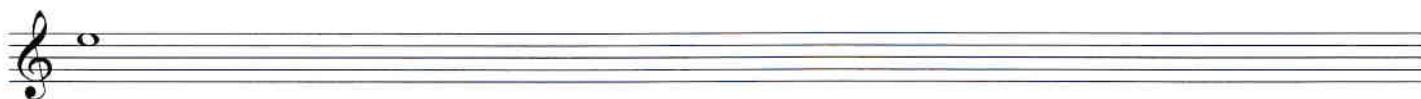
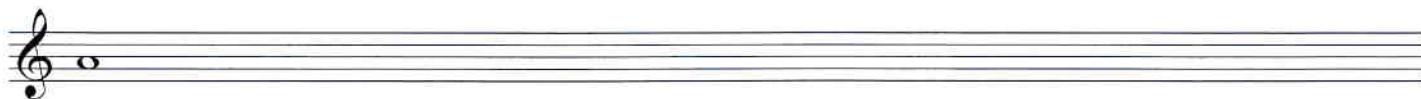
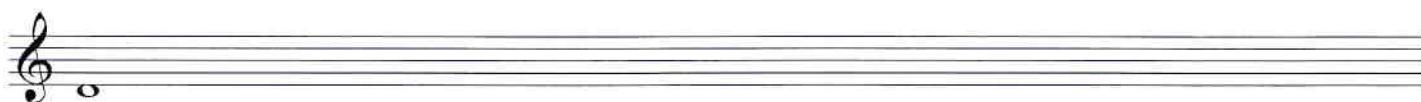
O schema cu denumirea partilor componente ale viorii nu este necesara deoarece profesorul si elevul au la dispozitie un instrument adevarat, pe care aceasta activitate se desfasoara mult mai eficient.

TINEREA ARCUSULUI

Deocamdata, copilul va invata sa apuce, cu minimum de efort, un creion, intre varful degetului mare, rotunjiti si incheietura dintre falanga medie si cea distala a degetului mijlociu.

PORATIVUL. CHEIA SOL. NOTELE COARDELOR LIBERE. VALOAREA DE NOTA INTREAGA.

Profesorul deseneaza si explica fiecare notiune. Copilul va fi incurajat sa deseneze dupa model.



TINEREA ARCUSULUI

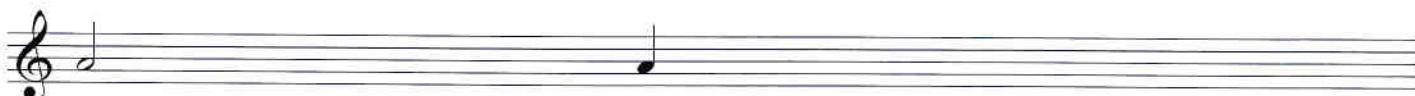
Pe creion, langa degetul mijlociu, se asaza si inelarul, pe falanga distala. Se trece apoi la apucarea arcusului cu cele trei degete (police, mijlociu, inelar). Bagheta se tine in pozitie verticala, cu varful in sus. Daca elevul are tendinta de a strange prea tare arcusul in degete, exercitiul se va executa cu arcusul sustinut de mana stanga.

TINEREA VIORII

Se lasa arcusul deoparte. Se pozeaza instrumentul acordandu-se atentie maxima marimii si formei barbiei si pernutei (contrabarbiei). Gatul viorii se va sprijini intre degetul mare si baza degetului aratator. Se va adopta pozitia usor aplecata a instrumentului, deoarece pozitia "halebardierului" provoaca obosela si crisparea.

DOIMEA SI PATRIMEA

Se deseneaza noile valori de note. Se fac exercitii de recunoastere a notelor si a valorilor de note cunoscute pe o partitura.



TINEREA ARCUSULUI

Se adauga pe arcus degetul mic, rotunjit, pe varf, fara sa apese, la 4-8 mm de inelar, iar aratatorul, pe falanga mijlocie, putin departat de degetul mijlociu.

Se va controla corecta tinere a arcusului prin exercitii de ridicare simultana de pe bagheta a degetelor de manevra (aratatorul si degetul mic).

Tinerea arcusului este incredintata in intregime degetelor puternice (policele, mijlociul si inelarul!).

ASEZAREA ARCUSULUI PE COARDE

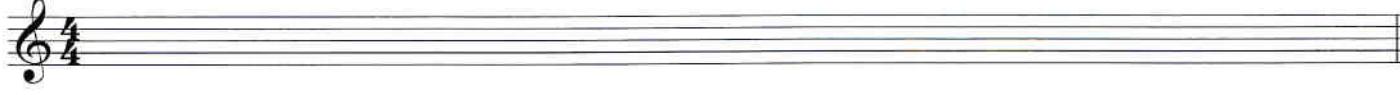
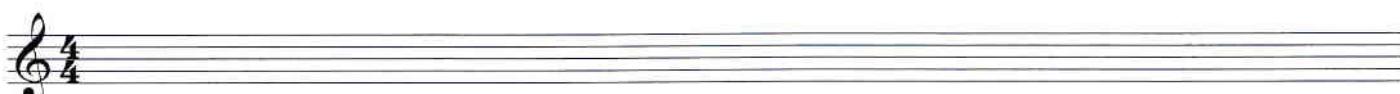
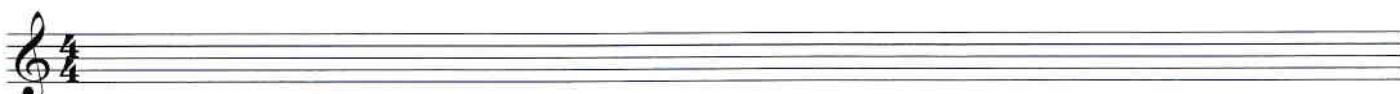
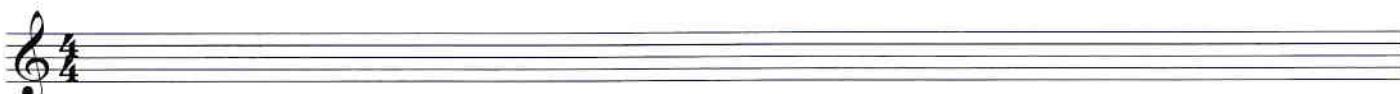
In timp ce copilul tine arcusul, profesorul il ajuta sa puna la umar si vioara.

Arcusul, din pozitia verticala, se asaza pe rand pe fiecare coarda, incepand cu Mi. Dupa asezare se relaxeaza complet mana si bratul drept.

Mijlocul arcusului se asaza intre limba si calus. Daca arcusul este corect tinut de degete se va pune de la sine usor inclinat spre limba viorii. Cotul drept trebuie sa fie la inaltimea palmei.

MASURA. BARA DE MASURA

Se dau informatii sumare. Se traseaza bare de masura si se incadreaza intre ele valorile de note cunoscute.



EXERCITII DE TINERE A ARCUSULUI SI A VIORII

EXERCITII DE ASEZARE A ARCUSULUI PE COARDE

PAUZA DE PATRIME

MASURA DE 2/4

TRASATURA DE ARCUS DE UN TIMP

Se insemneaza arcusul si se executa cu E2 trasaturi de un timp dupa modelele de mai jos, fara partitura. (Pe coardele Re si La).

JOCUL 1

Musical notation for Jocul 1 in 2/4 time, treble clef, and key of G major. It consists of eight measures of eighth-note pairs connected by horizontal dashes, with the first note of each pair having a vertical stem. The label 'E2' is positioned above the first measure.

JOCUL 2

Musical notation for Jocul 2 in 2/4 time, treble clef, and key of G major. It consists of eight measures of eighth-note pairs connected by horizontal dashes, with the first note of each pair having a vertical stem. The label 'E2' is positioned above the first measure.

JOCUL 3

Musical notation for Jocul 3 in 2/4 time, treble clef, and key of G major. It consists of eight measures of eighth-note pairs connected by horizontal dashes, with the first note of each pair having a vertical stem. The label 'E2' is positioned above the first measure.

JOCUL 4

Musical notation for Jocul 4 in 2/4 time, treble clef, and key of G major. It consists of eight measures of eighth-note pairs connected by horizontal dashes, with the first note of each pair having a vertical stem. The label 'E2' is positioned above the first measure.

JOCUL 5

Musical notation for Jocul 5 in 2/4 time, treble clef, and key of G major. It consists of eight measures of eighth-note pairs connected by horizontal dashes, with the first note of each pair having a vertical stem. The label 'E2' is positioned above the first measure.

EXERCITII CU PATRIMI
(Se executa fara partitura)

JOCUL 1

Musical notation for Jocul 1. It consists of two staves of music. The first staff starts with a treble clef, a key signature of E major (two sharps), and a 2/4 time signature. The second staff starts with a bass clef, a key signature of E major (two sharps), and a 2/4 time signature. Both staves feature eighth-note patterns where each note is followed by a vertical bar line.

JOCUL 2

Musical notation for Jocul 2. It consists of two staves of music. The first staff starts with a treble clef, a key signature of E major (two sharps), and a 4/4 time signature. The second staff starts with a bass clef, a key signature of E major (two sharps), and a 4/4 time signature. Both staves feature eighth-note patterns where each note is followed by a vertical bar line.

JOCUL 3

Musical notation for Jocul 3. It consists of two staves of music. The first staff starts with a treble clef, a key signature of E major (two sharps), and a 4/4 time signature. The second staff starts with a bass clef, a key signature of E major (two sharps), and a 4/4 time signature. Both staves feature eighth-note patterns where each note is followed by a vertical bar line.

JOCUL 4

Musical notation for Jocul 4. It consists of two staves of music. The first staff starts with a treble clef, a key signature of E major (two sharps), and a 4/4 time signature. The second staff starts with a bass clef, a key signature of E major (two sharps), and a 4/4 time signature. Both staves feature eighth-note patterns where each note is followed by a vertical bar line.

JOCUL 5

Musical notation for Jocul 5. It consists of two staves of music. The first staff starts with a treble clef, a key signature of E major (two sharps), and a 4/4 time signature. The second staff starts with a bass clef, a key signature of E major (two sharps), and a 4/4 time signature. Both staves feature eighth-note patterns where each note is followed by a vertical bar line.

CANTATUL PE NOTE

Se studiaza cu rabdare mai intai lectiile 4 si 5 pe note. Apoi va fi abordata lectia 6.

JOCUL 1

Musical notation for Jocul 1. It consists of two staves of music. The top staff is in 2/4 time with a treble clef, and the bottom staff is also in 2/4 time with a treble clef. The notation includes quarter notes, eighth notes, and rests. The first staff starts with an E2 note. The second staff continues the pattern.

Continuation of the musical notation for Jocul 1, showing the next section of the game.

Final part of the musical notation for Jocul 1, concluding the first game.

JOCUL 2

Musical notation for Jocul 2. It consists of two staves of music. The top staff is in 4/4 time with a treble clef, and the bottom staff is also in 4/4 time with a treble clef. The notation includes quarter notes, eighth notes, and rests. The first staff starts with an E2 note. The second staff continues the pattern.

Continuation of the musical notation for Jocul 2, showing the next section of the game.

JOCUL 3

Musical notation for Jocul 3. It consists of two staves of music. The top staff is in 4/4 time with a treble clef, and the bottom staff is also in 4/4 time with a treble clef. The notation includes quarter notes, eighth notes, and rests. The first staff starts with an E2 note. The second staff continues the pattern.

JOCUL 4

Musical notation for Jocul 4. It consists of two staves of music. The top staff is in 4/4 time with a treble clef, and the bottom staff is also in 4/4 time with a treble clef. The notation includes quarter notes, eighth notes, and rests. The first staff starts with an E2 note. The second staff continues the pattern.

Continuation of the musical notation for Jocul 4, showing the next section of the game.

Final part of the musical notation for Jocul 4, concluding the fourth game.